



235 S. Elliott Rd  
Chapel Hill, NC 27514  
P 919.968.4774 F 919.942.5291  
Dr. Laurel Gropper & Dr. Scott Sikes

**Patient Health History**                      Name \_\_\_\_\_ Date \_\_\_\_\_

This thorough medical history will help us provide you with better eye health care since many aspects of your overall health can affect your eye health. All information is confidential. Thank you for your cooperation!

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**General History**

Height: \_\_\_\_\_ Weight: \_\_\_\_\_ Last eye exam: \_\_\_\_\_

What is the main reason for your visit today? \_\_\_\_\_

How often do you wear glasses? \_\_\_\_\_

Are you interested in:

How often do you wear sunglasses? \_\_\_\_\_

Refractive surgery? Y N

Any prior eye infections or injuries? \_\_\_\_\_

Contact lenses? Y N

Have you had eye surgery or laser treatment to your eyes? (please list)  
\_\_\_\_\_

Average time per day on a digital device \_\_\_\_\_

Please list name and dose of any eye drops you use.  
\_\_\_\_\_

List any specific visual requirements related to your occupation, sports activities, and hobbies.  
\_\_\_\_\_  
\_\_\_\_\_

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**Contact Lens History**

Do you wear Contact Lenses? Y N

Are you happy with:

What brand of Contact Lenses do you wear?  
\_\_\_\_\_

The *vision* of your current lenses? Y N

The *comfort* of your current lenses? Y N

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**Physician, Allergies, and Medications**

Primary Care Physician: \_\_\_\_\_

Physician's Phone #: \_\_\_\_\_

Name and Location of Clinic \_\_\_\_\_

List any **allergies** to: Medication(s) \_\_\_\_\_ Food \_\_\_\_\_ Seasonal \_\_\_\_\_

Please list any **medications, drops, vitamins, and/or supplements** that you are currently taking in the table below.

Drug	Dosage	Topical / Oral	Frequency
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**Constitutional**

- Cancer
  - Type \_\_\_\_\_
- Developmental Disabilities
- Fatigue Syndrome
- Other \_\_\_\_\_

**ENT**

- Hearing Loss
- Sinusitis
- Dry Mouth
- Laryngitis

**Neurologic**

- Seizures
- Migraines/Headaches
- Multiple Sclerosis
- Head Trauma
- Epilepsy
- Cerebral Palsy
- Tumor
- Stroke
- Autism

**Psychiatric**

- Depression
- Anxiety
- Bipolar
- Attention Deficit Disorder (ADD)

**Cardiovascular**

- Heart Disease
- Stroke
- High Blood Pressure
- Congestive Heart Failure
- Vascular Disease

**Respiratory**

- Chronic Bronchitis
- Asthma
- COPD
- Cigarette Smoker
- Emphysema
- Sleep Apnea

**Gastrointestinal/Genitourinary**

- Pregnant/Nursing
- Prostate Disease
- Benign Prostate Hypertrophy
- Colitis
- Crohns' Disease
- Acid Reflux
- Celiac Disease
- STD (Herpes/Chlamydia)

**Musculoskeletal**

- Osteoarthritis
- Arthritis
- Fibromyalgia
- Osteoporosis
- Muscular Dystrophy
- Ankylosing Spondylitis
- Gout

**Skin**

- Acne Rosacea
- Eczema
- Psoriasis
- Herpes Simplex (Cold Sores)
- Herpes Zoster (Shingles)

**Endocrine**

- Hormonal Dysfunction
- Hyperthyroid
- Hypothyroid
- Diabetes
  - Type I
  - Type II

**Hematological (Blood)**

- Anemia
- Large Volume Blood Loss
- Ulcer
- Hypercholesteremia

**Allergy/Immune**

- Drug Allergies
- Environmental Allergies
- Rheumatoid Arthritis
- Lupus
- Sjogren's Syndrome
- Sarcoidosis

Other \_\_\_\_\_

Please list any recent surgeries that you have had \_\_\_\_\_

Do you smoke? Y N  
 Average packs per day \_\_\_\_\_

Average number of alcoholic beverages per week \_\_\_\_\_  
 Do you have a history of drug use? Y N

**Family History** (Please indicate whether the following conditions apply to **parents, brothers, sisters, or children.**)

Cancer (Please indicate type)  
 \_\_\_\_\_

Hypothyroidism \_\_\_\_\_

Diabetes Type I \_\_\_\_\_

Cataracts \_\_\_\_\_

Diabetes Type II \_\_\_\_\_

Macular Degeneration \_\_\_\_\_

Hypertension \_\_\_\_\_

Glaucoma \_\_\_\_\_

Hyperthyroidism \_\_\_\_\_

Retinal Defect / Detachment \_\_\_\_\_